



Standing together to battle Opioid Abuse and Promote Mental Health in Construction.

Addressing Opioid Abuse

The One Pill Can Kill Campaign offers an opportunity for the media, parents, teachers, educators, and community organizations to raise awareness about counterfeit prescription drugs. DEA has created materials to help you participate in bringing awareness.

Taking care of those who build for us!



Sponsored by

How to conduct a Stand-Up Event

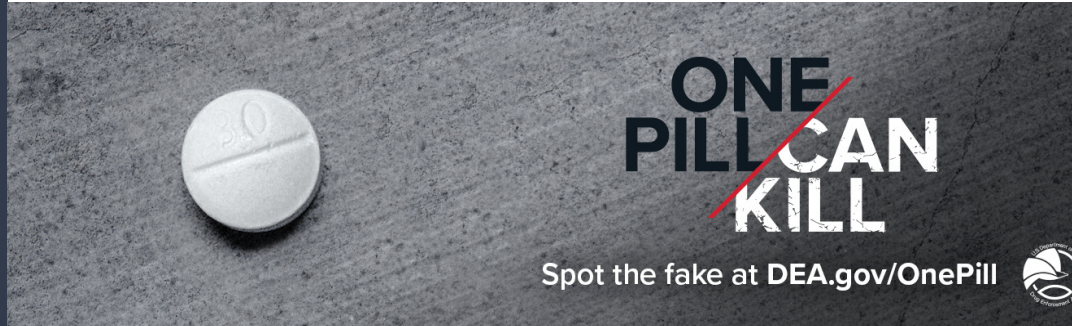
1. Gather your workers discuss the talking points provided
2. Collect Signatures of those present

Download the sign-in sheet from ksconstructionssafetynetwork.com

Overdose Deaths Are On the Rise

- In 2020 alone, there were more than 93,000 overdose deaths in the U.S.—nearly 75% of which involved an opioid.
- Opioid-related overdose deaths increased by 36.7% over 2019. These increases were exacerbated by the COVID-19 pandemic because of isolation, loss of loved ones, stress, unemployment, precarious housing, decreased access to treatment services, and more

Additional Resources



Remember addiction is an illness that can be treated.
Call this confidential national hotline:
1-800-662-HELP (4357)

Protect Yourself

1 Prevent Injuries

Your employer should be committed to a safe job site, and you should use safe practices. Together these reduce the risk of injuries and therefore the need for pain medication.

2 Talk to a Doctor

Other forms of pain medication that are not addictive and have fewer side effects. Other forms of pain management such as physical therapy or acupuncture.

3 Get Help

Opioids change how your brain works, triggering one part of it to demand more opioids and changing another part of it so it's harder to resist.

Check with your union or employer to find out if they have a program to help, such as:

- An employee assistance program (EAP); or
- Member assistance program (MAP)

For more information



Visit our website

Contact the Substance Abuse and Mental Health Services Administration at <https://www.samhsa.gov> or call their confidential national hotline: 1-800-662-HELP (4357)